NEWS RELEASE

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EXPERIENCE THE HIGHLAND GAMES IN ALL ITS GLORY AT THE DUTCHESS COUNTY FAIR

Rhinebeck, NY – The Scottish Highland Games, originated in Scotland. The modern version of the Highland Games remains largely unchanged. Bringing a sample of the Scottish Highland Games to the Dutchess County Fair, the Dutchess Fair Highland Games are making their debut on Sunday, August 27th in front of the grandstand from 11am until 6pm.

See competitors put their muscles and their strength to the test in the heavy contests that include Stone Toss, Weights for Distance, Sheaf Toss and Weight Over Bar.

The signature event of the Highland Game is known as the Caber Toss. No Highland game is complete without the signature event known as the Caber Toss. Most people know this event as the "thing where they throw the telephone pole". The goal of the Caber Toss is to throw the Caber end over end, so that the end the athlete was holding closest to them is now facing directly away from them. This event is scored as though there is a giant imaginary clock on the ground, and if the caber lands on what would be 12 o'clock that would be a perfect throw. If an athlete throws this, you may even hear them yell MIDNIGHT! The length it travels is unimportant.

Troy Johnson, Highland Games show organizer, stated, "We are very excited to be bringing the Highland Games to the Dutchess County Fair. This is a great opportunity for us to partner with the fairgrounds and present something that's never been offered to the fair going public."

No Highland Game is complete without the traditional music of bagpipes. Adding excitement and tradition to the event, The Hudson Valley Regional Police Pipes and Drums will be playing to kick off the games.

Organized in 2000, the band consists of active and retired Police Officers and First Responders covering 29 different municipalities.

Come watch people throw really heavy things, really far and enjoy the atmosphere that the Dutchess Fair Highland Games has to offer at the Dutchess County Fair.

The Dutchess County Fair begins its six-day run August 22 – 27, 2023. For more information visit www.dutchessfair.com.

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